COORDINATION CAPACITIES
Francisco Seirul·lo Vargas, 1985

* Capacities of Movement Control (1st Level):
  - Kinesthetik Discrimination
  - Segmentary Differentiation
  - Variability of Movement
  - Combination of Movements
  - Guided Control of Movement
  - Fluidity and Relaxation of Movement
  - Amplitud of Movement

* Capacities of Implementation (placing) of Movement on the Space (2nd Level):
  - Orientation
  - Directionality
  - Localization
  - Situation (placement)
  - Static-Dynamic Balance

* Capacities of Temporal Adequacy (3rd Level):
  - Movement-Spatial Interaction
  - Rhythmical Differentiation
Rhythmical Variability

Rhythmical or Temporal Adaptation

Rhythmical Sense (Temporal Creativity)

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